**JW Sports Academy Safe Practice Guidelines**

**Sports Camps/PE Lessons and After School Sports Clubs**

**Before arrival**

- A coach will only attend our sports camp providing they are in full health and neither them nor any member of their household are displaying any COVID-19 symptoms.

- A child should only attend our sports camp providing they are in full health and neither them nor any member of their household are displaying any COVID-19 symptoms.

- Equipment and facilities will be cleaned following the health and hygiene guidance.

- Coaches to check the school area to ensure everywhere is safe (inside and outside).

- Coaches to check toilets are clean and tidy.

**On arrival**

- All children and coaches will sanitise their hands and then be put into their bubble/zone where they will wait until we begin.

- Each bubble will stay within that bubble for the whole sports camp. Bubbles will consist of up to 15 children with a similar age and ability.

- All bubbles will play a wide variety of sports and activities throughout the sports camp.

- The coach will explain good practice measures in a child-friendly manner to ensure the children feels safe and expectations for the sports camp are clear.

- Coaches will take children around the school area (inside and outside) to show where they can and can’t go during the sports camp.

- Each child will be given a coloured band to represent their bubble and must keep this on at all times.

**During the session**

-A distance of 2 metres will be kept between individuals as much as possible.

- Bubbles will not mix at any time throughout the sports camp.

- Water fountains will not be in use.

- If a child needs to go toilet, they need to ask their coach but must only use the toilet if no one else is in there.

-If a child shows symptoms of COVID-19 or feels unwell they must notify the coach and the child will be moved into a separate room and their parents/carers will be contacted to pick them up straight away and should be taken for a test.

- Children and coaches must wear appropriate sportswear including trainers.

- We will be outside as much as possible.

**After the session**

- The children and coaches will use the hand sanitiser before they leave.

- Children and coaches will be encouraged to wash their hands thoroughly using soap and warm water upon returning to their home.

-All equipment will be disinfected and thoroughly cleaned by the coaches.

- Coaches to clean and tidy the school area (inside and outside) as well as the toilets.

**Please find links below to COVID-19 Government documents used to support these safe practice guidelines:**

COVID-19: Implementing protective measures in education and childcare settings.

COVID-19: Guidance for cleaning of childcare settings.

COVID-19: Guidance for households with possible Coronavirus infection.

Staying alert and safe (social distancing).

<https://www.gov.uk/coronavirus>

<https://www.gov.uk/guidance/making-a-childcare-bubble-with-another-household?priority-taxon=774cee22-d896-44c1-a611-e3109cce8eae>

<https://www.gov.uk/search/all?level_one_taxon=5b7b9532-a775-4bd2-a3aa-6ce380184b6c&level_two_taxon=272308f4-05c8-4d0d-abc7-b7c2e3ccd249&content_purpose_supergroup%5B%5D=guidance_and_regulation&order=most-viewed>